

Sunday – October 14 – Lake Murray Church – 10:30 am

There is a lot in this world to get upset about. But sometimes just the common, everyday events of life can bring us down. God wants to lift us up. God has given us his Holy Word to help us. Psalm 37 is wisdom that we may use to counter the impact of discouragement. It begins with these words: “Do not fret.”

Advice sounding so simple might border on insult if it were not for the power that exists in the One who has given us his Word. When you add the fact that the born again believer has a living relationship with the Living God, then such a simple admonition starts to make sense. Now, add to that simple admonition the holy instructions that follow and the promises attached to each one, and we’ve entered the realm of new life.

We are given three tasks, each followed by a promise: "Trust in the LORD... Delight in the LORD... Commit your way to the LORD" (Psalm 37:3-5). God has given us a path that we may follow. He is the Good Shepherd. His shepherd’s staff will gently lead and guide us into the promises awaiting all who follow his lead. When our time of testing is over we will look back on the wisdom given to us. We will rejoice that Psalm 37 began with a simple admonition that was not so simple after all.

- ◆ Share the blessing – Bring a friend ◆
- ◆ Sunday school for children and adults from 9:30 am to 10:15 am ◆
- ◆ Church service starts at 10:30 am ◆
- ◆ King's Kids during the 10:30 am service ◆

Lake Murray Church – 5480 Lake Murray Blvd – La Mesa, CA 91942

www.lakemurraychurch.org

[across the street from Lake Murray Café and one block from Starbucks]